



# SYSTEMIC FAMILY THERAPY E-NEWS

## AN IFTA PUBLICATION

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Editor: Daniel Stillwell, USA

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#### GET CONNECTED



[www.ifta-familytherapy.org](http://www.ifta-familytherapy.org)

#### INTERVIEWS

### Guest Editors for IJST Family Therapy in Turkey *Special Issues*

**[CLICK HERE TO WATCH](#)**



#### Dr. Senem Zeytinoglu

Dr. Senem Zeytinoglu Saydam is a licensed marriage and family therapist, an AAMFT clinical fellow and approved supervisor, and Canadian registered marriage and family therapist and supervisor. She is a certified EFT therapist, supervisor, and trainer. In her clinical practice, Senem works with individuals, couples and families and provides supervision to clinicians. She is the co-founder and president of Turkish Emotionally Focused Individual, Couple and Family Therapies Association. She is currently serving on the board of International Family Therapy Association.



#### Dr. Yudum Soylemez

Dr. Yudum Soylemez received her undergraduate and master's degree in psychology in Turkey from Boğaziçi University. During her play therapy practices with children, she realized the impact of parental relationships on child problems and went to America to study Family Therapy. In the following years, she gained a masters, doctorate, and license in Family Therapy. Since 2013, she has been a full-time lecturer at Istanbul Bilgi University, Department of Psychology, and is the coordinator of the Couple and Family Therapy Sub-Branch of the Clinical Psychology Master's Program. Yudum is one of the founding members of the Couple and Family Therapies Association (ÇATED) and is the chairman of the research committee. She is also the head of the Couple and Family Therapy Unit of the Turkish Psychologists Association. She works with individuals, couples, and families by integrating systemic, emotion-focused, and narrative approaches in her clinical practice.

*INTERVIEWS CONTINUED ON PAGE 3*

2025 World Family Therapy Congress  
**Aberdeen, Scotland**  
March 26-29, 2025



The 2025 World Family Therapy Congress of the International Family Therapy Association will be held in Aberdeen, Scotland. We invite you to join colleagues from around the world at the P+J Live Conference Facility and the Hilton and Aloft Hotels.

Like all IFTA Congresses, it will feature many approaches to a variety of problems and ways of coping with them. The congress aims to help heal hurting couples and families in various cultures.

**Call for Proposals:** OPEN NOW UNTIL September 30th

Proposals are sought for the in the following categories:

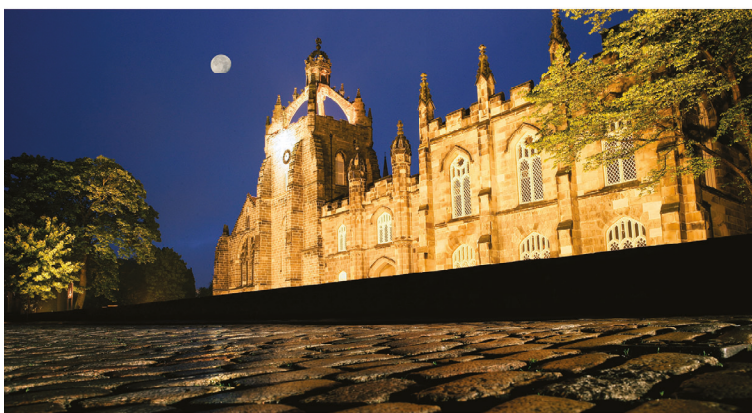
Brief Presentation (20 minutes)

Lectures/workshops (45 minutes)

Poster Session

**Students**

Students must send proof of student status (scan of student ID) to [info@ifta-congress.org](mailto:info@ifta-congress.org) to receive a Promo code in order to register as a student.



**The Official Language**

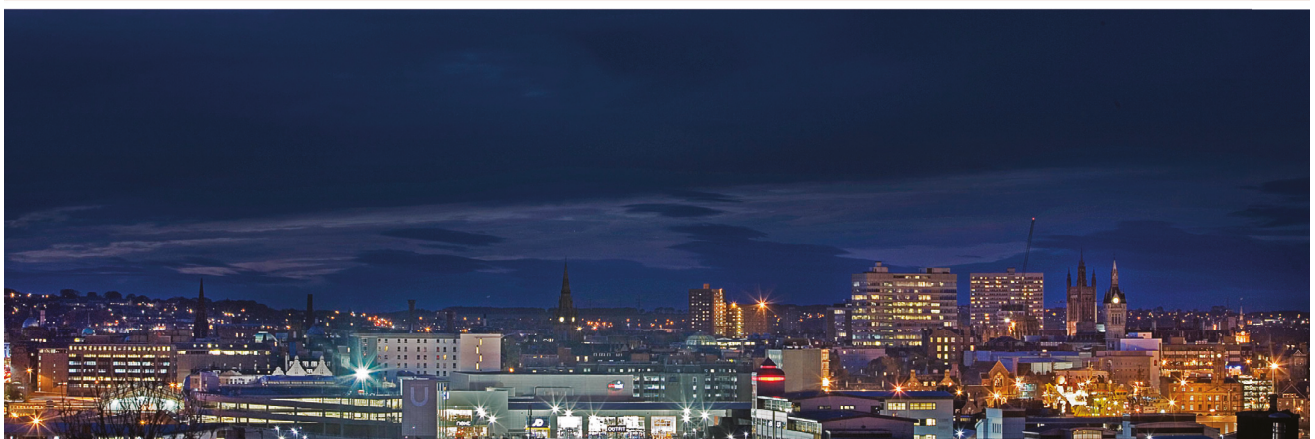
of the meeting is English. All abstract submissions must be in English.

**Proposal Information:**

<http://ifta-congress.org/docs/GeneralGuidelines.pdf>

**Submit a Proposal:**

[www.ifta-conference.org](http://www.ifta-conference.org)



*INTERVIEWS CONTINUED***Interview with IJST's new Associate Editor, Dr. Afarin Rajaei****[CLICK HERE TO WATCH](#)**

Dr. Rajaei has a Ph.D. in medical family therapy from East Carolina University. She is licensed as a Marriage and Family Therapist, and is an AAMFT Clinical Fellow, and Approved Supervisor. She is specifically trained in couples therapy and has vast experience in working with couples nationally and internationally. Dr. Rajaei has studied couples dealing with cancer and works with them clinically.

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**Interviews with Student Scholarship Winners at IFTA 2024****Roberta Farrugia Debono****Parental Alienation: A systemic perspective on navigating dilemmas and complexities****[CLICK HERE TO WATCH](#)**

Roberta Farrugia Debono is a clinical psychologist and family therapist. She is currently reading for her Ph.D and her area of research is systemic supervision. Roberta is also a senior visiting lecturer with the Department of Child and Family studies where she lectures and supervises students both in their research projects and their field placements. She also has a private practice where I work mostly with couples.

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**Emily Emerson****What's coming up for me – a call for the need of person-of-the-therapist in supervision****[CLICK HERE TO WATCH](#)**

Emily Emerson is a student in the Couple and Family Therapy Master's program at Antioch University. She was trained in Person-of-the-Therapist and hopes to continue to advocate and implement the use of self in her future clinical work.



Journal Editor: Todd M. Edwards, PhD, LMFT

## RECENT ARTICLES

### Systemic Individual Therapy: Therapeutic Change from the Perspective of Clients and Therapists

Elif Balcioğlu, M. Selenga Gürmen & Yudum Söylemez

### Socio-Emotional Relationship Therapy in Turkey: Navigating Equity and Sociocultural Change

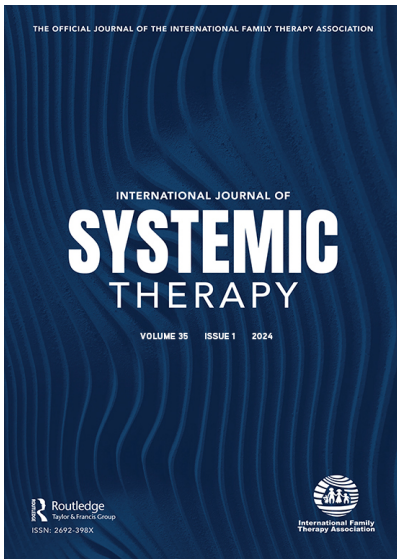
Fatma Arıcı-Şahin & Carmen Knudson-Martin

### Siblings Under the Shadow: A Qualitative Study of Young Adults' Parentification Experiences with Siblings with Special Needs

Lale Hanöz, Serkan Özgün, Senem Zeytinoğlu Saydam, Celia Naivar Şen & Emine Ayyıldız

### A Qualitative Study on the Marital Experiences of Childfree Couples in Turkey

Merve Erkaya & Anil Ozge Ustunel



The *International Journal of Systemic Therapy* is freely available online to IFTA members

## Coming Soon!

In upcoming issues, we will showcase interviews from conference presenters!

## 2024 World Family Therapy Congress in Review

Nearly 200 presentations and 300 Attendees

52 Students

83 New Members

32 Countries Represented

## SECRETARIAT:

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Therapy Association**

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