As family members, we inevitably drift into patterns of recurrent interaction that often support wellness, but could inadvertently foster pathology. Therapists who develop the perceptual and conceptual skills entailed in distinguishing these patterns become empowered to work more systemically. The ‘IPscope’ will be offered as a heuristic tool to enable therapists in recognizing these patterns and use them to guide their clinical work with families in therapy.

Karl Tomm, M.D.

“Bringing Forth Patterns of Interpersonal Interaction to Enable Therapeutic Change

As family members, we inevitably drift into patterns of recurrent interaction that often support wellness, but could inadvertently foster pathology. Therapists who develop the perceptual and conceptual skills entailed in distinguishing these patterns become empowered to work more systemically. The ‘IPscope’ will be offered as a heuristic tool to enable therapists in recognizing these patterns and use them to guide their clinical work with families in therapy. Read about Karl Tomm

Takeshi Tamura

“Family Therapy: the East Meets the West”

Family therapy practice needs to include wider cultural context. Social withdrawal or Hikikomori syndrome has been so widely spread among young people in Japan and East Asia for the last 30 years. It relates to the value of Eastern culture which emphasizes inter-dependence, group harmony and parent/child relationship all through the family life cycle. The solution of the Western culture is to achieve differentiation of the individual out of the enmeshed relationship. The Eastern culture produces alternative solution of connectedness and integration. Read about Takeshi Tamura

Workshop I
Introduction to Emotionally Focused Couple Therapy (EFT)

This Pre-Conference will offer an introduction to Emotionally Focused Therapy for Couples (EFT), an evidence-based approach to couple treatment. The EFT model emphasizes the importance of attachment in relationship distress that results from threats to safety, security and closeness. Read more….

Pre-congress Workshops

Workshop II
International Case Consultation: Facilitating Cultural Competent Supervisors

Culture provides value system in our personal and family lives; such as structure, life cycle, role and communication pattern in the family. This workshop will offer a safe container for participants to share their unique culture of themselves and their own cases, and to reflect from different perspectives. Read more…. 
This workshop will consider the distinctive issues that are critical to effective supervision mentoring. The focus of this workshop will be on the development of meaningful, collaborative supervisory relationships with an emphasis on creating contracts, acknowledging cultural, gender, and socioeconomic issues, and managing legal and ethical issues.

[ Read about Dorothy Becvar ]

This workshop will focus on how to be successful in writing for publication in the field of marriage and family therapy. Particular attention will be paid to navigating the process of publication as well as current scholarly trends in MFT.

[ Read about Jake Johnson ]

This meeting will again be a wonderful opportunity to get to meet your editor colleagues from many countries, to discuss common issues and concerns, and perhaps plan for mutual editorial based projects. Editors and editorial board members are welcome. Contact Fred Piercy regarding your attendance.
FEATURED PRESENTERS

Kiran Arora

Title: The Confluence of Therapy, Culture, and Healing Practices
Short: Family therapists must be culturally sensitive in order to work with diverse populations. Discourses about problems, therapy and healing practices are embedded in cultural beliefs. We will use extracts from films, podcasts and experiential exercises to bring alive this fascinating subject about the confluence of therapy, culture, and healing practices.

Rennee Singh

Dean Busby and Jonathan Sandberg

Title: What every therapist should know about attachment behaviors in couple relationships
Short: The purpose of this presentation is to help family therapists learn how to measure and use attachment behaviors in their work with couples. We will use both recent research and clinical examples to describe why focusing on attachment behaviors can be so helpful.

Suzanne Hanna

Title: Bullying and the Transparent Brain: Constructing Circuits of Biosocial Healing
Short: Bullying is physiological and social trauma with developmental consequences, regardless of victim’s age. This presentation describes the neurobiology of victims and their liberation. Healing emphasizes family/social involvement that rewires brains, providing a blueprint for growth. Clinicians leverage these resources for brain-informed, family-involved transformations.

Marlene Watson

Argie J. Allen-Wilson

Title: The Cross-Racial Therapeutic Relationship: Genuine or Fantasy
Short: Genuine cross-racial relationships, particularly black-white relationships, may be overshadowed by relational fractures and injustices stemming from slavery and insidious racism. This presentation explores the impact of white supremacy and the legacy of slavery on the cross-racial therapeutic relationship.
Title: *You Want to Bring Who? Utilizing Family Strengths to Enhance Substance Abuse Treatment*
Short: This interactive session will focus on ways that families can be engaged in substance abuse treatment, which can range from providing information to families to utilizing interventions shown to decrease the problematic use of substances. Opportunities for case consultation and a discussion of challenges when engaging families will be included.

William Northey

Title: *How to do an Interactional Pattern Analysis: Truly Relational Diagnosis*
Short: This presentation explains how to do an interactional pattern analysis, a truly relational diagnostic approach. Following a person-centered interview, the patterns of interaction are described along 15 dimensions and then linked with the presenting problem/s. An integrative treatment plan targets these dysfunctional interactional patterns to effect rapid resolution.

Warwick Phipps

Title: *Reflections of MFTs’ Experiences in Recruiting Minority Clients*
Short: This poster presentation discusses emerging qualitative findings on the experiences of MFT Master’s students (N = 22) in recruiting minority clients. Participant noted developing and increasing their knowledge of ethnic recruiting and confronting emotional barriers and biases. Suggestions for future research and implications for therapy are outlined.

Desiree Seponski

Title: *Filial Therapy with at-Risk Children in Turkey and the USA*
Short: This session presents an evidence-based approach to working with at-risk children and their families using Filial Therapy and Structural Family Therapy principles to improve child behavior and the parent-child relationship. Research and clinical experiences from Turkey and the USA will be offered.

Volker Thomas
Daniel Stillwell

Title: *MFT Spiritual Competency*

Short: This brief presentation is on the results of 573 LMFTs from 32 different US states regarding how well they meet the spiritual needs of their clients and determining which factors contribute to this. Clinically and educationally useful information will be presented from the results as well as potential international considerations.”

Joyce Ma

Title: *Paternal and maternal experiences in caring for children with attention deficit hyperactivity disorder in a Chinese context: Implications for family therapy.*

Martine Nisse

Title: *Change the broad lines: How create a new atmosphere to work with incestuous families*

Short: Paradoxical therapeutic obligation coming from juvenil courts involves both families and therapists in new instigation play. Even these paradox, we observe that change processes is intense and rapid. We will explain how we manage our particular therapeutic atmosphere necessary to create a new family model of communication.

Diane Gehart

Title: *Mindfulness and Acceptance with Children and Families*

Short: Mindfulness skills are used increasingly in therapy to enhance the wellbeing of a wide range of clients. This presentation will explore possibilities of using mindfulness and related Buddhist psychology principles with children, teens, and families, including a review of the evidence base and specific interventions for families.
Accreditation Commission

Created as a semi-autonomous body under the auspices of the International Family Therapy Association (IFTA), the International Accreditation Commission for Systemic Therapy Education (IACSTE) focuses on the development and implementation of quality standards for programs around the world that provide systemic therapy education and training. These standards are created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work.

The Commission will be holding two separate workshops for programs interested in accreditation.

IACSTE Commissioners

“International Accreditation Commission for Systemic Therapy Education (IACSTE) Workshop I”

In this workshop members of the International Accreditation Commission for Systemic Therapy Education (IACSTE) will provide an overview of the Commission’s history and goals as well as the standards and requirements that must be met in order to be designated as an accredited program.

“International Accreditation Commission for Systemic Therapy Education (IACSTE) Workshop II”

In part II of this workshop members of the International Accreditation Commission for Systemic Therapy Education (IACSTE) will focus on the process of completing an application for accreditation. Participants will have an opportunity to ask questions and receive guidance relative to specific aspects of the application process.
Experience the Hilton Waikoloa Village, a unique resort in Waikoloa set in 62 oceanfront acres of the exclusive Kohala Coast on Hawaii Island. Just 20 minutes north of Kona International Airport, this Waikoloa resort features tropical gardens with waterways, exotic wildlife and a museum walkway with Asian and Polynesian artwork. Travel around the resort on trams and canal boats or stroll the garden paths. Enjoy recreational amenities including two championship golf courses, eight tennis courts, three swimming pools, dolphin encounters, and watersports in the lagoon.

Book your room.

**Title:** Toward a 21st Century Medicine Synergy: Five Element Medicine meets Family Therapy

**Date:** April 3, 2016

**Schedule:** 9:00 to 4:30

**Location:** Hilton Waikoloa

**Cost:** $175

**Registration:** Phone Shelly at (US) 360-752-9569

**More information:** holistic-psychiatry.net

**Presenters:**
- Larry Freeman MD
- David Ford L.Ac

**Official Congress Language**

The official language of the meeting is English. Presentations (Posters, Briefs, Lectures, Workshops, and Panels) are to be presented in English.