

# The International Connection

The International Family Therapy Association



Volume 20, Number 2, July 2007

## Portugal Site for 2008 World Congress

November 30 - Early Registration Begins, October 31 - Deadline for Abstract Submission



The preparations are well underway for **IFTA's XVI World Family Therapy Congress to be held March 26-29, 2008** in beautiful Porto, Portugal. The theme for the congress is Transformation and Globalization: Family Therapy in the 21st Century.

The Scientific Committee, co-chaired by IFTA's Chair of Congresses William Northey and Célia Sales, the President of the Portuguese Association of Family Therapy, has been appointed and they have been hard at work beginning to put the program together. Some of the plenary speakers for the congress are David Epston from New Zealand, Esther Perel and Constance Ahrons from the United States, Rosa Macedo from Brazil, and Daniel Sampaio from Portugal. The plenary sessions will focus on The Global Family in Flux; Intimacy, Desire, and Domesticity; and Family Therapy in a Post-Modern World.

The World Family Therapy Congress has a rich history of bringing together the greatest clinicians from the field, and in Porto we will continue this worthy

tradition. In addition to showcasing the preeminent thinkers and scholars in family therapy, we will also probe the complexities of family life and the human condition and consider the crucial role that family therapy plays. The call for abstracts is now available on the congress website (<http://www.paragon-conventions.com/if-ta2008/>) and the deadline for submissions is October 31, 2007. The scientific committee is looking for a variety of abstracts for symposia, workshops, interactive sessions, and paper and poster presentations.

We expect Porto to be one of our most successful congresses ever and the congress venue, **Porto Palacio Hotel**, will provide an ideal setting for learning, sharing, and networking. Porto, the second largest city in Portugal across the river Douro from the home of port wine, will provide an ideal backdrop for the exploration of family therapy around the world. Registration will begin soon so please make plans to join us in Portugal.

### 2008 World Family Therapy Congress Scientific Committee Named

IFTA's Scientific Committee of the 16th World Family Therapy Congress was announced today by William Northey, IFTA's Chair of Congresses. "The Scientific Committee is comprised of 14 includes individuals from a variety of countries," said Dr. Northey, and it will be in charge of arranging the speakers and the workshops.

The Scientific Committee is co-chaired by William F. Northey, Jr. (USA) and Celia Sales (Portugal) and includes Madalena Alarcão, Portugal; Francisco Ortega Beviá, Spain; Maria Emília Costa, Portugal; Valentin Escudero, Spain Brian Jory, USA; Shobha Pais, USA; Francisco Xavier Pina Prata, Portugal; Fatma Reid, Turkey; Ana Paula Relvas, Portugal; Maria Teresa Ribeiro, Portugal; Daniel Sampaio, Portugal; and Elizabeth Wieling, USA.

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## **FINAL REFLECTIONS**

### **Toby Herman, CFT**

2005-2007 IFTA President

Reykjavik, Iceland - It has been an honor to serve as President of IFTA for the past two years. On July 1st, I step down as President and assume the position of Past President. I leave the presidency confident that IFTA has flourished in the past two years and will continue to do so under the leadership of a strong Executive Committee when President-Elect Judith Landau becomes President and Francisco Avilles-Gutierrez assumes the position of President

Elect. Our General Secretary William Hiebert is tremendous, our Recording Secretary Chris Venter is great and we are especially lucky to have William Northey as treasurer and Chair of Congresses. He has extensive experience and highly effective. After three years of service on the Board or in some cases six, Board members at large leave the Board and new Board members join. Ariel Shlomo and Arturo Roizblatt now leave the Board and Barbara Warner, Fatma Reid and Nalan Fraim join it. On behalf of IFTA, I thank our former Board members and warmly welcome our new ones. I especially thank Past President Arnon Bentovim who now leaves IFTA's Executive Committee. I thank Arnon for the 12 years that he has served on the Board; he served IFTA well.

It is interesting to note that our Executive Committee has a minority of women but the Board at large a majority. Board members come from all over the world, Argentina, Canada, Cyprus, Iceland, Israel, Mexico, South Africa, USA and the UK. Together the Board works in accordance with IFTA's mission to provide international conferences, promote, strengthen and improve the quality of family therapy, the quality of relationships within families and to promote well-being and peace within our world. As a member of IFTA you also make a difference. I encourage members to send a note to Chairs of the standing committees and task forces and to our IFTA Historian if you have recommendations and/or questions. You can find information on the various committees at: <http://www.ifta-familytherapy.org/committees.html>

### **Iceland Congress**

The Iceland congress was very successful for IFTA and the most successful after the Oslo Congress in the past 7 years. On behalf of IFTA, I thank the FFF, the Association of Professionals Practicing Family Therapy in Iceland, for their collaboration. They did a great deal more than was called for in the contract with IFTA and the ODS (our Congress Organizaer). I also thank Iceland's Nordic neighbors who contributed generously to help people attend the congress, the city of Reykjavik, the Ministry of Social Welfare, Visa, Spron for their support and the EAP for holding their October meetings in Reykjavik in order to allow delegates to participate in the Congress and network with IFTA members.

### **Paragon Conventions**

IFTA has grown up. With our new organizer, Paragon, to oversee our Congresses and with William F. Northey, Jr. Congress Chair and Scientific Committee Co-Chair, we are confident that our Portugal Congress will be our most successful congress ever. IFTA looks forward to a long-term cooperation with Paragon Conventions. Together with Paragon IFTA will continue to prosper and evolve into a stronger association which is even more capable to serve its members and strengthening them to grow professionally to the benefit of our clients.

# Marking IFTA's 20th Anniversary, Prague, Czech Republic, May, 2007

Florence W. Kaslow

The first East/West Family Conference that was held in Prague in 1987 was a fabulous ingathering of leaders in the field, as well as of newcomers and those at all stages in between who worked diligently day in and day out as clinicians, researchers, professors, trainers, and supervisors in the burgeoning field of family therapy. They came from dozens of far-flung countries, and everyone was excited, even thrilled, to be there. Peter Bos was Chair; Virginia Satir was Conference President; Don Bloch and George Vassiliou of Greece were Vice Presidents. The Family Process Board held their Board meeting at Prague, which served as an inducement to many of its Board members to attend and to present. Czechoslovakia was still under Communist rule and as I became acquainted with some of the Czech leaders I was admonished not to talk about anything political or controversial in the hotels or convention center as they did not know where the rooms were bugged. Any serious conversations took place while walking in the park, and even then one looked over their shoulder to be certain they were not being followed. This advice stood me in good stead during that trip and on subsequent ones to Poland and Russia.

I submitted a proposal on the Self of the Therapist, a topic consonant with the conference emphasis, and was glad it was accepted. Our Eastern European colleagues, in particular, were intrigued with the idea of thinking about themselves in societies which focused more often on the communal good than on individual satisfactions.

The last night of the conference a reception was held for speakers and the committee at a magnificent castle. Typical of Prague at that time, the outside of the edifice was grey and dingy, the inside was gorgeous – with dazzling cut crystal chandeliers and elegant furnishings. We were treated regally. During the festivities Judith Wertheimer of Israel and Janet Walker of the U.K. approached me and said something like, “This is all too wonderful to let it end tomorrow. What can we do to keep the spirit and all that has been accomplished alive”? I rejoined with, “I guess this is the propitious moment to start an International Family Therapy organization.” We all became excited about doing so, and I suggested we ask Virginia Satir if she would undertake this. Virginia immediately concurred, but said, “Florrie, I’m too old and not in condition to do so, but I think you are the person to take on this challenge. You have my support and my blessing; I’ll serve on the first Board, and I pledge the support of the Avanti Network.” Judith, Janet and I circulated the room, explained what we wanted to do to key leaders present from other countries, and many not only expressed their complete support of the idea but agreed to serve on the Steering Committee – which became



the nucleus of the first Board. The next morning the Steering Committee of 10 assembled and I was elected first President. And IFTA was born. We announced our formation at the Closing Plenary session the next day and the hard work of turning a dream into reality was underway.

## 2007: Fast forward 20 years.

The Czech and Slovak chapters of the Avanta Network hosted the Avanta Conference in Prague in May, 2007 in celebration of what would have been Virginia's 90th birthday. During their meeting, a major action taken was to change the name of the network to the Virginia Satir Global Network.

Since, as indicated above, Virginia had been one of the Co-Chairs of the First East/West Family Conference and had been involved in the founding of IFTA, IFTA supported the conference, celebrated its 20th birthday there, and held its annual Board meeting. Among IFTA “luminaries” present were past Presidents Kaslow (me), Chana Winer, and Arnon Bentovim; current President Toby Herman, and incoming President Judith Landau, Secretary Chris Vente and Treasurer William Northey. Other IFTA Board members were Khawla Abu-Baker, John Banmen, Adela Garcia, David McGill, Shobha Pais, Arturo Roizblatt, as well as IFTA’s General Secretary William Hiebert and Administrative Assistant Fred Jefferson. John Banmen, honorary chair of the conference, is involved in both organizations as he is also a current IFTA Board member.

As many of the participants spoke mainly Czech and/or Slovak, major sessions were simultaneously translated into these two languages, and into English when presentations were made in those languages. Many of the sessions dealt with the utilization, amplification and extension of the Satir Model – which has adherents in many countries. There was a large contingent present from Hong Kong, where John Banmen commutes to direct a Satir training program, and I witnessed some captivating cross-cultural semi non-verbal action workshops.

## Plenary Addresses:

I was honored to be invited to present the opening plenary address on the assigned topic of Similarities and Divergencies in Families Across Five Continents. I focused on about 14 Megatrends that have swept the world in the last three decades and the impact these have had on families as well as the changes they have wrought on therapy training and practice. (Paper will be published in the Fall issue of Journal of Family Psychotherapy).

Judith Landau was invited to deliver another plenary, and in Multidisciplinary Care of the Family: Collaboration for Family and Community Healing. She spoke about the link/network therapy she has developed and developed. As usual, her presentation, based on clinical experience and research findings, was excellent.

Another plenary entitled “Tight Hug Therapy” was quite appealing to many there. If you hear about it, read up on it. I’m not sure the Codes of Ethics in the states would permit us to adopt it, even where it might prove efficacious.

Although there were only about 350 people at this conference, which was considerably smaller than the one of 20 years ago, it was well worth attending.

Florence W. Kaslow, Ph.D. was IFTA Founding/First President (1987-1990)



## TRAINING MATTERS

*Phoebe Prosky, Coordinator/Secretariat*

The Board of IFTA's Training Division has been hard at work on the Faculty Resource Program, in conjunction with William Hiebert and the IFTA Board. We are now ready to receive applications for:

- Assistance to training programs in bringing trainers to their regions.
- Participation by IFTA members who wish to be active as Traveling Trainers in this program.

As we have described in previous editions of this column, the Faculty Resource Program is a program designed to help make trainers available to training programs struggling to develop or sustain their offerings to family therapists in their regions. The applying program can access a list of available trainers who are IFTA Training Division members or propose their own choice of trainer. The Faculty Resource Program provides funding for the travel expenses of the trainer, the trainer offers the training without fee, and the applying program provides housing, food and local transportation for the trainer.

In this issue of The International Connection you will find two application forms for this program: one is an application to have a trainer come to them, and one is for IFTA members who wish to participate as Traveling Trainers in the program. (Traveling Trainers must be or become members of the Training Division; inclusion in this listing does not imply IFTA endorsement.) If you are interested in either of these, please fax the appropriate form to the Training Division Secretariat in the United States at +207-865-1213.

As members of the Training Division, we are excited to see this program move forward, and hope that many of you will take advantage of it.

For some time Training Division members have asked if they could pay their Division dues along with their IFTA dues so as not to incur a charge in having to send US dollars separately. We are happy to announce that, through considerable effort on the part of William Hiebert, the option of joining the Training Division will now be included on the regular IFTA membership and renewal forms, and dues can be paid by credit card in combination with IFTA membership dues when they are due. This will make it much easier and less costly for many of our members to participate. The Training Division current dues structure is graduated: Category I countries pay \$25 for individual membership and \$50 for institutional membership; Category II countries pay \$15 for individual membership and \$25 for institutional membership; and Category III countries pay according to their abilities. All members are listed on the Training Division portion of the IFTA website, and organizational membership listings include a description of their training programs.

We will close this issue's column with a plea to search your training materials for books and tapes you can donate to the Training Division's materials clearinghouse. They may be materials you are no longer using or perhaps things you have published or produced yourself. The clearinghouse makes these materials available to Training Division members at a charge of \$1 US per item. We transport them to the Congresses where they are available at our table; they have been a very popular and helpful resource. So please either bring them to us at the Congress in Portugal or send them ahead to me.. Many thanks for your help.

Phoebe Prosky, Secretariat for the Training Division, can be contacted at 143 Flying Point Road, Freeport, Maine 04032, USA. [pprosky@suscom-maine.net](mailto:pprosky@suscom-maine.net)

## IFTA'S NEW STATUS WITH THE UNITED NATIONS

IFTA now has consultative status with the Economic and Social Council, a United Nations organ facilitating international cooperation on standards-making and problem-solving in economic and social issues, announced President Toby Herman. IFTA can now participate in the Conference on Non-Governmental Organizations (NGOs) in Consultative Status with the Economic and Social Council. The Conference serves as a representative voice of these NGOs. It aims to ensure that representatives have the opportunities and facilities for performing their consultative functions, provides a forum on the consultative process and convenes meetings of member organizations to exchange views on matters of common interest. With this consultative status IFTA can contribute and be involved in a wider humanitarian effort

## SEE YOURSELVES AND YOUR FRIENDS IN ACTION AND AT PLAY AT IFTA CONFERENCES!

Photographs of the IFTA International Congresses are available for viewing. There are two ways to access the photographs on the web.

Either go to the IFTA website at: [www.ifta-familytherapy.org](http://www.ifta-familytherapy.org) and then click on the link "Photo Gallery" on the left side of the page, or go directly to the conference photo site at: [ifta.smugmug.com](http://ifta.smugmug.com)

Enjoy seeing images from the past conferences in Iceland (2006), Washington, D.C. (2005), Istanbul, Turkey (2004); Bled, Slovenia (2003); and Porto Alegre, Brazil (2001). Copies of many of the images are available through our IFTA photographer, Pamela R. Lessing Friedman.

# Family Therapy Suffers Major Losses in 2007

The early part of 2007 was marked by the heaviest loss of pioneering family therapists in the history of family therapy in the United States. Wynne, Boszormenyi-Nagy, Haley, and Watzlawick—none of whom needs to be identified by first name in order for family therapists to recognize them—died during January, February, and March, each leaving an outstanding legacy. What follows is a brief and admittedly incomplete summary of some of the major contributions for which each of them will be remembered, as well as recognition of two other professionals who made memorable contributions to the family field.

## Four Family Therapy Founding Members

### **Lyman C. Wynne, MD, PhD (1923-2007)**

was an outstanding scholar, researcher, and clinician who also will long be remembered for his generous mentoring of many students, young professionals, and others who were interested in helping families as well as his pioneering discoveries. Schizophrenia research, which included understanding and working with both persons suffering from that and related disorders and with their families, was a major thrust of his career. A significant part of this was the recognition of communication deviance and its relation with poor patient functioning. He spent much of his career in collaborative research, 15 years collaborating with Margaret T. Singer on communication of psychiatrically ill patients, mainly schizophrenic patients, and studying communication of their family members in the context of standardized research tasks and family therapy. Thirty years were spent working on the renowned Finnish adoption study of schizophrenia with Pekka Tienari and Karl-Erik Wahlberg. Consistent with his lengthy period of contributions and prolific output of publications (more than 200 articles and book chapters), the last two papers on the Finnish study appeared in the journal *Family Process* in December 2006, shortly before his death the following January 17.

Lyman Wynne also worked with Eric Lindemann to establish the first community mental health center in the United States; was on the staff of the National Institute of Mental Health beginning in the 1950s, serving as chief of the adult psychiatry branch from 1961-1971; was chair and professor in the Department of Psychiatry at the University of Rochester Medical School from 1971 until his retirement in 1998; and was active in the American Family Therapy Academy, serving as president, in the American Association for Marriage and Family Therapy, serving on the board of directors, and was president emeritus of the Family Process Institute. Wynne saw his first psychotic individuals with their families during his early NIMH days and continued to maintain an active family therapy practice. He and his late wife, Adele Wynne, endowed the Wynne Center for Family Research at the Rochester School of Medicine.

### **Ivan Boszormenyi-Nagy, MD (1920-2007)**

founded contextual family therapy which emphasizes focusing on ethical dimensions, including fairness and justice, in families and relationships. Nagy stressed that this approach is based

on fairness, on a lived balance in motion which oscillates between debits and merits of the partners in relationships, and encouraged dialogue that promotes trust and mutual understanding among family members, thus making change possible. Along with Wynne and Murray Bowen, Nagy was an intergenerational family therapist as he sought to understand and work with serious mental disorder by dealing with destructive patterns of family interaction that frequently exist across several generations. Working to balance ethical obligations and loyalties among members of a family generally improves and sometimes helps to heal patients' symptoms. Nagy's work is best spelled out in *Intensive Family Therapy: Theoretical and Practical Aspects* (1965, 1985), co-edited with James Framo; *Invisible Loyalties: Reciprocity in Intergenerational Family Therapy* (1973), co-authored with Geraldine Spark; *Between Give and Take: A Clinical Guide to Contextual Family Therapy* (1986), co-authored with Barbara Krasner; and *Foundations of Contextual Therapy: Collected Papers of Ivan Boszormenyi-Nagy* (1987).

A native of Hungary, he migrated to the United States in 1950, where he founded the Eastern Pennsylvania Psychiatric Institute in 1957 and served as co-director for 20 years. He then headed the family therapy department at Hahnemann University (now Drexel University) and founded the Institute for Contextual Growth, a private family clinic now headed by Dr. Catherine Ducommun-Nagy, his widow.

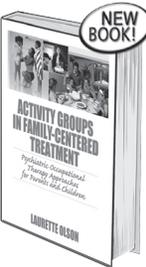
### **Jay Haley, MA (1923-2007)**

Communication also was a major focus of attention in the early work of Haley, who joined Gregory Bateson in 1953 as a research associate in the Project of the Study of Schizophrenic Communication that Bateson was directing in Palo Alto, California. Out of Bateson's group came the "double-bind" theory of schizophrenic. Haley was a driving force in the establishment of a communication model in the 1970s and developed his own approach to brief therapy, strategic family therapy. His approach was greatly influenced by master hypnotist Milton Erickson, under whose supervision he worked for several years, and whose work he introduced to large numbers of clinicians in *Uncommon Therapy: The psychiatric Techniques of Milton H. Erickson, MD*. In all, he wrote more than 20 books, as well as producing a number of audio and videocassettes, and journal articles. He was widely hailed as a brilliant therapeutic strategist.

Haley worked in research at the Mental Research Institute (1962-1967), serving as the first editor of *Family Process* (1962-1969); and was director of family research at the Child Guidance Clinic (1967-1974), where he helped to bring together certain aspects of his strategic therapy and Salvador Minuchin's structural therapy. Subsequently he was co-founder and director of The Family Therapy Insti-

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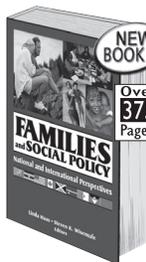


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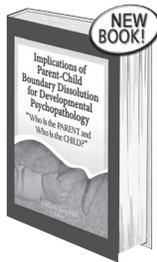
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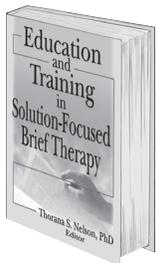
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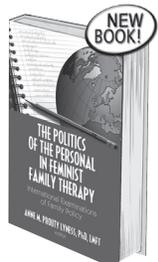
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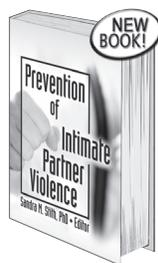


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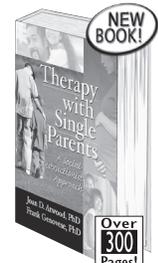
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**Therapy with Single Parents**  
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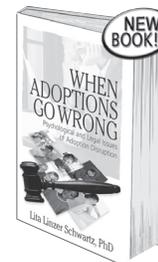
**"This thoughtful and practical book provides a well-rounded overview of the basic constructs of**

**the single-parent family and presents detailed guidelines for developing and sharpening skills in conducting therapy with this specific type of family group."**

—Sanna J. Thompson, PhD, Associate Professor, School of Social Work, University of Texas at Austin

A guide to using a socially constructivist approach to therapy with single-parent families.

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*Psychological and Legal Issues of Adoption Disruption*

Lita Linzer Schwartz, PhD

**"Provides a COMPELLING description of the difficulties being faced by both children and adults when there is a disruption of an adoption."**

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**"THIS IS A THOUGHTFUL ANALYSIS OF A TOO OFTEN NEGLECTED ISSUE. The focus on the child's best interest is hopeful and refreshing."**

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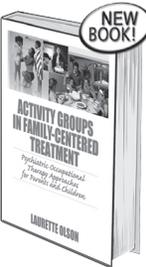
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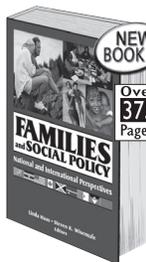


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\$25.00 soft. ISBN-13: 978-0-7890-3510-3  
 \$60.00 hard. ISBN-13: 978-0-7890-3509-7  
 2007. Available now. 163 pp. with Index.  
 (Published simultaneously as  
 Occupational Therapy in Mental Health, Vol. 22, Nos. 3/4.)



**NEW BOOK!**  
**Families and Social Policy**  
*National and International Perspectives*

Edited by Linda Haas, PhD, and Steven K. Wisensale, PhD

**"The editors . . . have deftly recruited, selected, and integrated an impressive collection of 16 papers from international experts on family policy."**

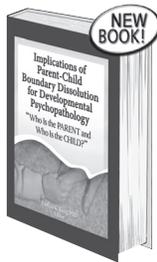
—Preston A. Britner, PhD, Associate Professor of Human Development & Family Studies, University of Connecticut, Editor, *The Journal of Primary Prevention*

**"The combination of historical reviews and empirical findings provides the readers and scholars with A CONVENIENT COMPILATION OF INFORMATION that can expand understanding of family policy."**

—Bonnie Braun, PhD, Associate Professor and Extension Family Policy Specialist, University of Maryland

Examines current research on the impact of government policy—or the lack of policy—on family life in developed and developing countries.

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 (Published simultaneously as  
 Marriage and Family Review, Vol. 39, Nos. 1/2 and 3/4.)



**NEW BOOK!**  
**Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology**  
*"Who Is the Parent and Who Is the Child?"*

Edited by Patricia K. Kerig, PhD

**"IMPRESSIVE . . . OF GREAT VALUE to any researcher or clinician trying to better understand and treat the developmental derailments associated with boundary dissolutions such as parentification, spousification, adultification, and triangulation."**

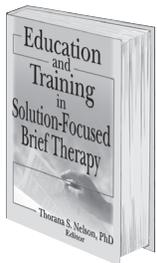
—Marolyn Wells, PhD, Professor, Psychologist, and Director of the Counseling Center, Joint Appointment with the Department of Counseling and Psychological Services, Georgia State University, Atlanta

**"This is one of the few books on 'parent-child' relationships which includes fathers as well as mothers, and that takes seriously what happens between parents and their children."**

—Philip A. Cowan, PhD, Professor Emeritus of Psychology, University of California

An examination of the most recent theoretical perspectives and empirical research on the concept of boundary dissolution and its links to developmental psychopathology.

\$39.95 soft. ISBN-13: 978-0-7890-3091-7  
 \$59.95 hard. ISBN-13: 978-0-7890-3090-0  
 2006. 298 pp. with Index.  
 (Published simultaneously as the  
 Journal of Emotional Abuse, Vol. 5, Nos. 2/3 and 4.)



**Education and Training in Solution-Focused Brief Therapy**

Edited by Thorana S. Nelson, PhD  
**"A WONDERFUL**

**CORNUCOPIA OF IDEAS for training and supervising people learning about and/or practicing solution-focused brief therapy."**

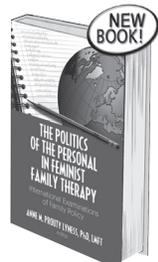
—Brian Cade, Brief and Family Therapist, Sydney, Australia; Primary Author of *A Brief Guide to Brief Therapy*

**"AN OUTSTANDING COLLECTION of training exercises, historical tidbits, and personal reflections that remind us of the challenges and processes of becoming solution-focused."**

—Tracy Todd, PhD, President, Brief Therapy Institute of Denver, Inc.

\$24.95 soft. ISBN-13: 978-0-7890-2928-7  
 \$39.95 hard. ISBN-13: 978-0-7890-2927-0  
 2005. 283 pp. with Index.  
 (Published simultaneously as the  
 Journal of Family Practice, Vol. 16, Nos. 1/2.)

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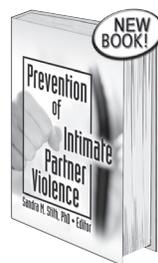


**NEW BOOK!**  
**The Politics of the Personal in Feminist Family Therapy**  
*International Examinations of Family Policy*

Edited by Anne M. Prouty Lyness, PhD, LMFT

To be most effective, family therapists need to understand precisely what policies are in place and how they influence families and their relationships. **The Politics of the Personal in Feminist Family Therapy: International Examinations of Family Policy** provides an interdisciplinary look at family public and social policies and the influence they have on families around the globe—all from a feminist perspective. Diverse international family policy experts discuss policies family therapists need to know covering gender, ethnicity, religion, and age, and the effects on women and their families.

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 \$37.95 hard. ISBN-13: 978-0-7890-3399-4  
 2006. 184 pp. with Index.  
 (Published simultaneously as the  
 Journal of Feminist Family Therapy, Vol. 17, Nos. 3/4.)



**NEW BOOK!**  
**Prevention of Intimate Partner Violence**

Edited by Sandra M. Stith, PhD

**"This book represents the state of the science in dealing with intimate partner violence."**

—Julia C. Babcock, PhD, Associate Professor, Department of Psychology, University of Houston

**"THIS BOOK IS A 'PUBLIC AWARENESS' CAMPAIGN FOR THEORY-DRIVEN RESEARCH targeted to the architects of intimate partner violence prevention programming efforts."**

—Susan H. Horwitz, PhD, Assistant Professor of Psychiatry, University of Rochester Medical Center

A comprehensive overview of effective approaches in working to prevent intimate partner violence.

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 Journal of Aggression, Maltreatment & Trauma,  
 Vol. 13, Nos. 3/4.)



**NEW BOOK!**  
**When Marriages Fail**  
*Systemic Family Therapy Interventions and Issues*

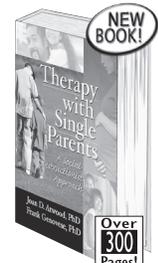
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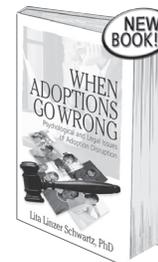
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tute in the Washington, DC area until his retirement in 1995, after which he became Scholar in Residence at the California School of Professional Psychology at Alliant University (San Diego, CA).

### **Paul Watzlawick, PhD (1921-2007)**

A pioneering figure in family therapy who was a staff member of the Mental Research Institute for 46 years until his retirement in 2006, he was also a philosopher and an authority in constructivist philosophy and clinical professor emeritus in the department of psychiatry and behavioral studies at Stanford University's School of Medicine in Palo Alto, California, where he began teaching psychiatry in 1967. The Austrian native was noted for his contributions to family therapy and system theory, especially with respect to communication theory and brief therapy practice and had been honored with several honorary degrees and other recognition in the United States and Europe. Perhaps the most widely quoted axiom from his work is the statement "One cannot not communicate."

Watzlawick was author or co-author of 22 books, including *The Pragmatics of Human Communication* (1967), *Change: Principles of Problem Formation and Problem Resolution* (1974), *Language of Change* (1977), and *The Situation is Hopeless but Not Serious* (1983).

He died on March 31, 2007 in Palo Alto.

### **. . Other Major Losses**

Lost to the family therapy and related fields this year were:

**Insoo Kim Berg, MSW (1934-2007)**, who died January 10. A tireless practitioner, author, teacher, and innovator, she co-developed Solution-Focused Brief Therapy with her late husband, Steve de Shazer (who died in 2005) and worked continuously to expand its application outside the therapeutic field. Few family therapists have consulted and taught more widely across the globe than Insoo Berg.

A major emphasis in SFBT is on brief therapy that focuses on solution rather than on problems. Among its major features are eliciting of exceptions to the client's stated problem, scaling questions, the miracle question, the use of compliments, and relationship coping questions. Both Berg and de Shazer trained at the Mental Research Institute. Berg, with de Sahzer, co-founded the Brief Therapy Center in Milwaukee, Wisconsin, which continues to operate as a training and research center. Her most recent books include: *Interviewing for Solutions* (1997, 2001, second edition), *Building Solutions in Child Protective Services* (2000), *Tales of Solution* (2001), and in collaboration with de Shazer, Yvonne Dolan, Harry Korman, and Terry Trepper, *More Than Miracles: The State of the Art of Solution-Focused Therapy* (2007, Haworth Press).

**Harold I. Lief, MD, who died March 18, 2007** (age 89), at his home in suburban Philadelphia, Pennsylvania, was a psychiatrist and psychoanalyst who pioneered in advocating sex education and the treatment of sexual disorders more

scientific and a part of the curricula of medical school education. After teaching at Tulane University's medical school (1951-1967), he moved to the University of Pennsylvania and was an active faculty member until he became professor emeritus in 1982. Lief had a major influence on medical education from his position at the University of Pennsylvania, eventually witnessing a situation in which only three medical schools did not include sexology in their curricula.

During his years at the University of Pennsylvania, he was also director of the Marriage Council of Philadelphia, which was a part of the department of psychiatry and was engaged in training clinicians to work with couples and families and continues today as the Penn Council for Relationships. He was an active member of the American Association for Marriage and Family Therapy.

## IFTA'S WEBSITE NOW CARRIES A MEMORIAL SECTION

With so many recent deaths of family therapy pioneers, President Toby Herman announced that the IFTA website will have a special dedicated section for memorials and biographies of these founding leaders:

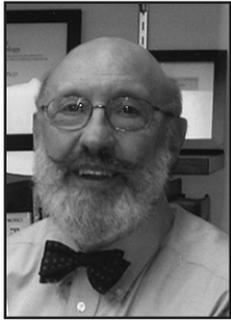
Tom Andersen 1936- 2007  
Paul Watzlawick, 1921-2007  
Jay Haley, 1923-2007  
Ivan Boszormenyi-Nagy 1920-2007  
Insoo Kim Berg, 1934-2007  
Lymann Wynne, 1924-2007

*And when great souls die,  
after a period peace blooms,  
slowly and always  
irregularly. Spaces fill  
with a kind of  
soothing electric vibration.  
Our senses, restored, never  
to be the same, whisper to us.  
They existed. They existed.  
We can be. Be and be  
Better. For they existed.*

Maya Angelou, from her collection,  
*I Shall Not Be Moved*

# Report from the Office of the Secretariat:

General Secretary: William Hiebert, DMin



William Hiebert

## Secretariat Enrolls New Members at Congresses

During the last 8 months, General Secretary William Hiebert and Administrative Assistant Fred Jefferson have hosted an IFTA table at congresses around the world including Acapulco, Mexico for the Mexican Family Therapy Association, at the invitation of MFTA President and IFTA President Elect Francisco Aviles; Istanbul, Turkey for

the Turkish Family Therapy Association, at the invitation of TFTA President Murat Doktor and at the 2008 Prague World Congress in May. Currently, IFTA has over 420 members, an increase of over 100 new members in the last year.

## Online Renewal of Memberships Tips

When renewing online, some members have had their credit card declined because of mistakes in entering the information.

Here are some tips:

- Be sure that the name on credit card that you place on the bottom of the application is exactly the same as the name that is actually on the credit card.
- Be sure that the Billing Address is exactly the same as the address where the bill arrives from the postal service.
- If you are using someone else's credit card, be sure you have the above information accurate, i.e., their complete name and billing address.
- Click the Submit button ONLY once. If your card is declined, wait 24 hours and try again.
- If you have difficulty with the application not moving correctly and being able to view if correctly, your browser needs to be upgraded.

If you wish to renew your membership online (the fastest and easiest way to do it), simply go to [www.ifta-familytherapy.org](http://www.ifta-familytherapy.org) and click on Application/Renewal and follow the instructions.

## Online Renewal of Training Division Membership

Sometime this fall, Training Division members will be able to renew their Training Division memberships online at the same time as their IFTA membership is renewed. The IFTA server programmer is working on the installation as this newsletter goes to print and, hopefully, it will be online by September 1.

## Paragon Conventions Chosen as the Portugal Congress Organizer

The IFTA Board of Directors named Paragon Conventions as the Portugal World Congress Organizer. Paragon Conventions

served previously as an organizer of the 7th World Congress in 1997 and with this announcement, IFTA looks forward to a long-term cooperation between it and Paragon Conventions. President Herman announced that Eyal Halevy and Nora Danon-Slutsky would be working closely with Scientific Committee and Co-Chairs William Northey (USA) and Celia Sales (Portugal).

## 2008 IFTA Portugal World Congress Website Is Now Operational

The World Congress website has now operational. You can find the Congress website at:

<http://www.paragon-conventions.com/ifta2008/>

The website contains all of the information necessary for registration, abstract submission, and other details for Congress planning.

Watch the website for new announcements regarding the World Congress.

## Journal of Family Psychotherapy Available Online to IFTA Members

Here is a great new member benefit! The Journal of Family Psychotherapy is now available online to IFTA members. That means you not only will receive a hard-copy issue of the Journal each quarter, but you can also get the Journal online!

You should have by now received login information from Haworth Press. Since we do not always have accurate email information from all of our members, or we may have an error in the database, you may not have received that information.

If you have not received an email with instructions on how to log in to the Journal's online access, please contact Lisa Clark at Haworth Press. Her email is: [LClark@haworthpress.com](mailto:LClark@haworthpress.com) Just give her your name and address, and tell her that you are an IFTA member who would like information on how to log in to the Journal of Family Psychotherapy.

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+651-340-6166

### **Training Division**

Since its inception in 2000 and under coordination of Phoebe Prosky, the Training Division has grown and become an important part of IFTA. The Division's aim is to strengthen a systemic perspective in the helping professions and increase the availability of systemic therapy to families. The Education Task Force under the leadership of Tomm Todd will now work with the Training Division in support of family therapy training worldwide. I encourage members to join and participate in this worthwhile venture. <http://www.ifta-familytherapy.org/trainingdivision.html>

### **Chamber of Organizations**

The Development committee is working on the creation of a Chamber of Organizations. This will make IFTA a two chamber organization, for individuals as well as national organizations. This will allow organizations in different countries to send Delegates to the meetings of the Chamber where they could voice the concerns and wishes of their organizations and create a network with other delegates from around the world. The Chamber would elect representation to the Board of Directors.

### **Prague Conference**

The World Family Therapy Conference was held last May in Prague under the patronage of the Lord Mayor of Prague MUDR. PAVEL BÉM, the Board of the Session of Family Therapy of the Psychotherapeutical Society of the Cech Medical Association, represented by J. E. Purkyne and the International Family Therapy Association, represented by myself. John Banmen, an IFTA Board member, was the Honorary President of the Conference which was held in honor of Virginia Satir's 90th birthday and in celebration of the first World Conference on Family Therapy held in Prague 20 years ago. It was a wonderful and warm in the Satir spirit with the theme FAMILY IN A GLOBAL WORLD: Healing the family we heal the world (VIRGINIA SATIR). The plenary speakers included IFTA's Founding President Florance Kaslow and president-elect Judith Landau. The IFTA Board of Directors met in Prague. Sadly, Board Member, colleague and friend Tom Andersen died the Tuesday (May 15th) before he left for Prague to participate in the Board meetings. Tom had a tremendous effect on us. He challenged us, he has kept us on our toes and made us better. He was an inspiration to so many and was totally dedicated to making the world better.

### **Thank you**

In closing, I thank the Executive Committee; General Secretary William Hiebert, President-Elect Judith Landau, Treasurer and Chair of Congresses William Northey, Recording Secretary Chris Venter and Past President Arnon Bentovim for their dedication and work on behalf of IFTA. I also especially thank Director of Fund Raising Cecilia Hartmann Regueira, Webmaster and Editor of the Journal of Family Psychotherapy Terry Trepper, Fred Jefferson, Administrative Assistant, Board Members Francisco Aviles-Gutierrez, Khawla Abu-Baker, John Banmen, Adela Garcia, Madhu Kasiram, David McGill and Shobha Pais. It has been an extraordinary experience working with all of you. I thank my forerunners; our Founding President Florence Kaslow for her vision and continued dedication to IFTA, Former President and IFTA Historian William C. Nichols for his work and support. Chana Winer, Wencke Seltzer, Israel W. Charny and Raymundo Macias for their continued dedication to IFTA. It will be an honor to join you as I step down as President. Most of all I thank each and every one of you, our members, for your passion for family therapy and your dedication to our clients and to making the world a better place.

-----  
Toby Sigrún Herman, is the 2005-2007 President IFTA and lives in Reykjavik, Iceland. [toby@mr.is](mailto:toby@mr.is)

## **IFTA TRAINING DIVISION**

### **CRITERIA FOR TRAVELING TRAINERS**

To qualify as a Traveling Trainer, you must meet the following criteria:

1. Membership in IFTA and in the Training Division
2. Three years' experience in family therapy training
3. Membership in a local family therapy organization

You must provide as references the name and addresses of two people for whom you have done training

- 1.
- 2.

You also must agree to:

1. Conduct the training without a fee
2. Accept home-stay lodging

You will receive:

Travel expenses  
Room and Board  
And many, many less tangible benefits

I accept and agree with the above requirements of a Traveling Trainer.

Signature

Retype this form and fax, or, download this form from the webpage:  
go to <http://www.ifta-familytherapy.org/home.html> and click on Training Division and then click on "Forms." After completing form(s), fax to Phoebe Prosky at +207-865-1213.

## **APPLICATION for TRAVELING TRAINERS**

### IFTA TRAINING DIVISION

Name:

Address:

Phone:

Fax:

E-mail:

Please state your family therapy training experience:

Please list the countries in which you have done family therapy training:

Please give the names of two organizations for which you have provided training and the names and contact information of people who could provide references for you.

Please list the content areas in which you would like to provide training:

Please list the languages in which you can provide training:

Please note any restrictions or preferences with regard to travel times or places:

Please fax these forms to: +207-865-3396

## **IFTA TRAINING DIVISION FACULTY RESOURCE PROGRAM**

### APPLICATION FORM

We are interested in securing a travel stipend through the Faculty Resource Program of the Training Division of IFTA to bring a trainer to our Program.

Program Name:

Contact Person:

Address:

Phone:

E-mail:

Please send this form to Phoebe Prosky,  
IFTA Training Division Secretariat,  
143 Flying Point Road  
Freeport, Maine 04032 USA  
E-mail: [iftatd@suscom-maine.net](mailto:iftatd@suscom-maine.net)  
Fax: +207-865-3396

We will contact you to discuss your needs and the resources we have available.

### **USED TRAINING MATERIALS NEEDED**

Please remember to bring gently used training materials to donate to the Training Division table at the Porto Congress. It's a great way to make materials you are not using available to others who need them.

## Recent Book Releases

Derek Ball, Ph.D. Book Review Editor

### ***Handbook of EMDR and Family Therapy Processes***

Francine Shapiro, Florence Kaslow and Louise Maxfield

In the past twenty years Eye Movement Desensitization and Reprocessing (EMDR) has become a significant tool in the treatment of family trauma. This book attempts to integrate EMDR and family therapy in several ways. The book has five sections, focusing on topics addressed in a systems therapy context. The book begins by establishing the foundations of both systems theory and the EMDR approach. Later sections deal with the application of EMDR techniques with attachment problems, marital problems, child and family problems, and community disasters. The editors bring together a diverse slate of authors with a focus on integrating EMDR and systemic therapy.

Francine Shapiro is the originator and developer of EMDR and is a Senior Research Fellow at the Mental Research Institute in Palo Alto, CA. She has received the International Sigmund Freud Award for distinguished contribution to psychotherapy. Florence Kaslow is Director of the Florida Couples and Family Institute and is past Editor-in-Chief of the Journal of Marital and Family Therapy. Louise Maxfield is a psychologist with the Mental Health Care Program in London, Ontario and has been an investigator in four EMDR research studies.

### ***More Than Miracles: The State of the Art of Solution-Focused Brief Therapy***

Steve de Shazer and Yvonne Dolan

This book reveals some of the latest developments in Solution-Focused Brief Therapy. In addition to its being a definitive resource for this widely-used, practical approach to helping clients, the book discusses new developments

such as the impact of language on therapeutic change. Using actual session transcripts, the reader can "sit in on" surprising sessions and "eavesdrop" on the authors' commentary about these sessions. Overall, this book is a comprehensive and engaging look at SFBT from some of the most respected theorists and practitioners of SFBT.

Steve de Shazer, who died in September 2005, was co-developer of solution-focused brief therapy and published numerous articles and five books on the approach, which have been translated into 14 languages. Yvonne Dolan is the author of five books and numerous articles on the topic of solution-focused brief therapy. She teaches seminars around the world on the topic

### ***When Marriages Fail: Systemic Family Therapy Interventions and Issues***

Edited by Craig Everett and Robert Lee

This book, a tribute to marital and family therapy pioneer William Nichols, focuses on the full spectrum of clinical interventions used with divorcing families. The book is organized into three sections. Part one provides an overview of the literature regarding divorce. Part two presents two systemic models that explore the dynamics of conflicted couples heading for divorce and considers specific circumstances such as violence or gender orientation that can impact this process. Part three is focused entirely on interventions for families facing divorce. Both theoretical and practical, this book provides a complete resource for the clinician working with divorcing families.

Craig Everett is in private practice and is the Director of The Arizona Institute for Family Therapy. A Fellow and Approved Supervisor with AAMFT, Dr. Everett has been Editor of the Journal of Divorce and Remarriage since 1984. Robert Lee is Professor of Marriage and Family Therapy and Director of the doctoral MFT program at Florida State University. He is a past president of the Association of Marital and Family Therapy Regulatory Boards and is an AAMFT Approved Supervisor.